# **SERIES discussion guide** A purple and white text with a cross AI-generated content may be incorrect.

**BREAKTHROUGH**  
**CHAD BRUEGMAN**  
**FEBRUARY 16, 2025**

If you would like to watch the message, visit rpc.me/messages.

**LEADER**

**You go first:**

* Introduce yourself.
* How long have you been attending RPC?
* Share a fun fact about yourself.

Have everyone introduce themselves using the same questions.

**ICEBREAKER**

* If you could have any superpower, what would it be and why?

Go over the Small Groups Covenant. Be sure to start and end your group on time!

**MESSAGE RECAP**

This week, Chad continued our *Breakthrough* series, emphasizing how God desires to break down the strongholds in our lives. Reflecting on Joshua 6, we see that God’s reputation preceded Him—the people of Jericho were already aware of His miraculous power. For Joshua and the Israelites, the stronghold standing between them and God’s promises was a literal wall. In 2 Corinthians 10:4-5, we learn that our strongholds today are the walls we build around our hearts. However, just as God showed Joshua, these strongholds are not meant to be torn down by our own strength. Instead, worship and obedience are our weapons to break the barriers keeping us from God’s promises.

**WARM-UP QUESTION**

* What is one way you have seen God move over the past four weeks?

**READ**

**Joshua 6:1-5**

**DISCUSSION QUESTIONS**

1. Joshua and the Israelites had already witnessed God’s power in parting the Jordan River. Now, standing before the massive walls of Jericho, how do you think they felt facing two walls—one 15 feet tall and another 20-26 feet tall?
2. As they prepared for battle, what did they see as their greatest assets? (Consider their army’s weapons—spears, swords, bows, and arrows.)
3. Reflecting on 2 Corinthians 10:4-5, what strongholds do we face in life today? How does this connect to Joshua’s experience? (*Paul tells us we do not fight as the world does—our weapons have divine power to demolish strongholds.*)
4. What is the biggest stronghold you face right now?
   * Sin patterns?
   * Addiction?
   * Financial struggles?
   * Relationship challenges?
   * Physical or mental health issues?
   * Parenting difficulties?

*(Leaders: Allow quiet time for reflection. If someone feels led to share, great, but do not press for responses.)*

1. When God tells Joshua to *“See”* that He has already delivered Jericho into their hands before the walls have even fallen, what is He communicating? (*This is God’s battle—Joshua and Israel are called to grow in faith and trust in His promises.*)
2. How can we live with this *“See”* mindset today—trusting that God has already won the battle?
3. Chad mentioned that the enemy wants us to fixate on the *facts*—the visible reality of our situation. How does focusing on the facts hinder God’s work in breaking strongholds?
4. Joshua and the Israelites learned that their greatest weapon was obedience—even when things didn’t make sense. Jesus emphasizes this in **Matthew 5:43-45**, commanding us to love our enemies. How is this counter to the world’s ways, and how does obedience help break strongholds?

**APPLICATION QUESTION**

* The message challenged us to practice obedience. How can you begin cultivating obedience in your faith walk?

**SUMMARY**

* God's ways are not our ways. What seems impossible or irrational may be where He is calling us to grow in trust.
* Worship and obedience are our most powerful weapons in breaking strongholds.
* Identify the strongholds in your life that are keeping you from God's promises. Study Scripture and seek opportunities to practice obedience to break those walls down.
* Use worship as a weapon—praise God for what He has done and trust in His promises for the future.

**CLOSING PRAYER**

Your closing prayer can include:

1. **Gratitude** – *Thank You, Lord, for this time together to study Your Word.*
2. **Acknowledgment of new insights** – *We are grateful for the wisdom You have given us today.*
3. **Request for guidance** – *As we go into our week, help us remember what we’ve learned and give us the courage to obey Your calling. Amen.*

**LEADERS:**

Please take attendance and follow up with group members as needed.